

Subscription audit

Date: · Cards and accounts checked: · Yearly cost = monthly $\times$ 12, weekly $\times$ 52, quarterly $\times$ 4.

SERVICE	AMOUNT	CADENCE	YEARLY COST	RENEWS ON	LAST USED	KEEP / CANCEL	CANCEL LINK OR HOW
Total per year				Monthly equivalent (÷ 12):			

Where subscriptions hide: tick each source as you check it

- | | | |
|---|---|--|
| ☐ Card statements, all cards, last 12 months | ☐ PayPal: Settings → Payments → Automatic payments | ☐ Household members' cards and app stores |
| ☐ Bank statements: direct debits and standing orders | ☐ Amazon: Your Memberships & Subscriptions | ☐ Work-paid tools that quietly moved to a personal card |
| ☐ iPhone / iPad: Settings → your name → Subscriptions | ☐ Email: search "receipt", "renewal", "your subscription", "trial" | ☐ Annual charges: domains, cloud storage, insurance add-ons |
| ☐ Android: Play Store → profile → Payments & subscriptions | ☐ Email: search "welcome to", "free trial", "has been charged" | ☐ Delivery, gym, phone add-ons billed through the carrier |